

## **NURSING 299 SELECTED TOPICS IN NURSING: ALTERNATIVE AND COMPLEMENTARY THERAPIES**

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### **Course Description**

This is a 3-hour online course designed to present the student with information concerning the impact of alternative and complementary therapies on nursing practice, as well as an overview of holistic nursing. The content focuses on the nurse's role in enhancing healing of the whole person from birth to death.

### **Prerequisites**

None. The course is open to prenursing students.

### **Required Text**

Lippincott Williams & Wilkins (2003). *Nurse's Handbook of Alternative and Complementary Therapies* (2<sup>nd</sup> ed.).

### **Units of Study**

- Unit I. Understanding Alternative and Complementary Therapies
- Unit II. Alternative Therapies and Nursing Practice
- Unit III. Common Alternative Therapies
- Unit IV. Alternative Therapies for Specific Conditions  
Alternative Therapy Organizations

### **Course Requirements**

Students are expected to answer critical thinking questions and participate in discussion with classmates on a regular basis. A written paper and a proctored comprehensive final examination are required for summative evaluation.